

# ACTION GYMNASTICS ACADEMY

331 Fairfield Road  
Freehold, NJ 07728  
732-252-9202  
actiongymfreehold@yahoo.com

Winter Session 3 ~ November 24 - January 3  
Registration \$60 or \$90 for family  
10% sibling discount - 50% off for second class same child  
\*Classes subject to change based on enrollment & availability\*  
\*No refunds issued, account credits only, credits are non-transferrable\*



| Class                                 | Monday      | Tuesday                            | Wednesday                  | Thursday     | Friday                       | Saturday                      |
|---------------------------------------|-------------|------------------------------------|----------------------------|--------------|------------------------------|-------------------------------|
| Parent & Me                           |             |                                    | 5:30 - 6:15                | 9:30 - 10:15 |                              | 10:00 - 10:45                 |
| Twinkles<br>3yrs                      |             | 4:45 - 5:30                        | 4:45 - 5:30                |              |                              | 9:00 - 9:45<br>11:00 - 11:45  |
| Kinder Beginner<br>4-5yrs             | 5:00 - 6:00 |                                    | 4:30 - 5:30<br>6:15 - 7:15 | 4:45 - 5:45  | 4:30 - 5:30                  | 9:15 - 10:15<br>11:00 - 12:00 |
| Beginner 1<br>6-7yrs                  | 4:30 - 5:30 | 6:30 - 7:30                        |                            | 4:30 - 5:30  | 5:30 - 6:30                  |                               |
| Beginner 2<br>8+yrs                   |             |                                    | 5:30 - 6:30<br>6:30 - 7:30 |              |                              | 10:00 - 11:00<br>(6+yrs)      |
| Pre-Intermediate<br>7+yrs             | 5:30 - 6:30 |                                    | 7:30 - 8:30                |              | 6:00 - 7:00                  |                               |
| Intermediate 1<br>7- 9yrs             |             | 4:30-5:30                          |                            |              |                              |                               |
| Intermediate 2<br>10-13yrs            |             |                                    | 4:30 - 5:30                | 6:30 - 7:30  |                              |                               |
| Pre-Advanced<br>10+yrs (Invite Only)  | 6:30-7:30   |                                    |                            |              |                              |                               |
| Advanced Girls<br>7+yrs (Invite Only) |             |                                    |                            | 4:30-6:30    |                              |                               |
| Little Ninjas (Boys)<br>4-5yrs        | 6:00 - 7:00 |                                    |                            |              | *6:00-7:00<br>(Coach Invite) |                               |
| Boys Gymnastics 1<br>6-7yrs           |             |                                    |                            | 5:30 - 6:30  |                              |                               |
| Boys Gymnastics 2<br>8+yrs            |             | 5:00 - 6:00<br>(10+yrs)            | 5:30 - 6:30<br>(8-10yrs)   |              |                              |                               |
| Int & Adv Boys<br>7+yrs (Invite Only) |             | 6:00 - 7:00 (INT)                  |                            |              |                              |                               |
| Beginner Parkour<br>Co-ed             |             | 4:00 - 5:00 (1)<br>5:00 - 6:00 (2) |                            |              |                              |                               |
| Kinder Tumble<br>Co-Ed 4-5yrs         |             |                                    | 5:30 - 6:30                |              |                              |                               |
| Boys Tumble<br>6+yrs                  |             |                                    | 6:30 - 7:30                |              |                              |                               |
| Beginner Tumble 1<br>6-8yrs           |             | 5:30 - 6:30                        |                            |              | 5:00 - 6:00                  | 10:15 - 11:15                 |
| Beginner Tumble 2<br>8+yrs            | 6:30 - 7:30 |                                    |                            |              |                              |                               |
| Pre-Intermediate Tumble<br>7-10yrs    | 4:30 - 5:30 |                                    | 4:30 - 5:30                | 4:30 - 5:30  |                              |                               |
| Intermediate Tumble 1<br>7-9yrs       | 5:30 - 6:30 |                                    |                            | 6:30 - 7:30  |                              |                               |
| Intermediate Tumble 2<br>10+yrs       | 7:30 - 8:30 |                                    | 4:30 - 5:30                |              |                              |                               |
| Pre-Advanced Tumble<br>(Invite Only)  |             |                                    | 7:30 - 8:30                | 4:30-5:30    |                              |                               |
| Advanced Tumble<br>(Invite Only)      |             |                                    |                            |              | 4:00 - 5:00<br>(AT 2)        |                               |